**Games & Teachings** (In no particular order of operations)

**Buddy System – Building Deeper Connections**

Teachings: Non-verbal communication, connection, collaboration,  **-**Mirror Game
**-**Partnered Simon Says
-Rhythm Master
**-**Whoopy Balloon: Keep up, keep it going

**Team Building/Activation Games**

Teachings: Reflex, Strategy, Empathy, Trust

-Anyone who... (Using the four teachings)
-Circle Hockey
-Human knot **-**Color Touch
-“I LOVE you but…”

 **Trust Activities**

Teachings: **Respect, balancing life, trust,**

-Hand Push (Balance) **-**Human Spring or North Star Push
-Squatting Tug of War

**Focus Games**

Teachings: Concentration, Memorization, listening skills

-Rope and Washer or hide the coin
-Capture the Flag across the room without smiling
-Secret Hand Shake
-The listening games (2 voices and one set of ears)

**Meditation and Release**

Teachings: Collaboration, storytelling, group unity, Risk Taking, non-judgement
-Eagle Cry
**-**[**Going on Bear Hunt!**](https://www.youtube.com/watch?v=WzIcu6tbEko)
-Descriptive Story Telling
-Moral Teachings
-Tire Pumper: Complimenting Peers

**Outdoor Games**

Teachings: Connection to natural objects, flexibility, cardiovascular awareness

-Fox-tail Ultimate
-Call of the Wild/Screaming Eagle = run screaming for distance
-Blind Tree/object hug
-Soccer Baseball
-Fox-tail Baseball/ultimate
-Hide the washer
-Catch the Tail circle
-Human body charades
-Snake Bite - Stick out tongue to kill
-Rattle Snake and Mouse Tag
-Leading the Blind (Tree Find)

 **-Fox Tail Games (Learning to Create with Nature)**
          Balloon Race
          Knock over the bottle
          Frog and Fly

Credits to: Professor of Aboriginal Games (Blair Robillard )

Resources:

Bit.do/abgames2018

Indigenous Games for Children: [indigenous-games-for-children-en.pdf (nscrd.com)](https://www.nscrd.com/uploads/document/files/indigenous-games-for-children-en.pdf)